

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Book Club Book: The Immortal Life of Henrietta Lacks by Rebecca Skloot Themes: Week of the 5 th -Oktoberfest Week of the 12 th -Moonlight in Vermont Week of the 19 th -The Jazz Age Week of the 26 th -Polka Dot Waltz Through Time			Happiest of Birthdays: Theresa Spiegel-2 nd Paul Beyer-8 th Lenore Derwin-15 th Ronda Hegeman-18 th Larry Myers-21 st Dolores Abbene-22 nd		10:00 Calendar Chit Chat w.1 Kara 10:30 Exercise w. Kara 1:30 Brain Health w. JFS 3:00 Flutist & Singer Howie Bartolo Live Performance & Tailgate 7:00 Documentary Film	10:00 Walk w. a Friend 2 10:30 Exercise w. Kara 1:00 Craft w. Kara 3:00 Period Music w. Jancy 4:30 Candle Lighting 4:45 Shabbat Sukkot Service w. Fran Berg Sukkot Begins	Sukkot 3 10:00 Walking Club 1:00 Social Room Open for Games 2:00 Rumikub 4:45 Sukkot Service w. Fran Berg
Sukkot 4 10:00 Walking Club 10:00 -12:00 Brunch 3:00 Social Room Open for Games	10:00 Walk w. a Friend 5 10:30 Exercise 1:00 Brain Games w. Kara 3:00 Science Club w. Kara 4:15 Rap w. Rabbi Shore 7:00 Comedy Movie	9:15 Flu Clinic Starts (Private 6 Dining Room) 10:00 Walk w. a Friend 10:30 Exercise w. Kara 1:30 Current Events w. Jancy 3:30 Oktoberfest Social Hour w. Janis 7:00 Mystery Movie	10:00 Walk w. a Friend 7 10:30 Exercise w. Kara 1:00 Art & Humanities w. Judith Huober 3:00 Self Care w. Kara 7:00 Musical Movie	10:00 Walk w. a Friend 8 10:30 Balance w. Patricia 1:30 Brain Health w. JFS 3:00 Syracuse Oktoberfest Dancers Live Performance 7:00 Documentary Film	10:00 Walk w. a Friend 9 10:30 Exercise w. Kara 1:00 Shop at Trader Joe's 3:00 Period Music w. Jancy 4:30 Candle Lighting 4:45 Shabbat w. Gwen Kay	Sh'Mini Atzeret 10 10:00 Walking Club 1:00 Social Room Open for Games 2:00 Rumikub 4:45 Memorial Service w. Fran Berg Simchat Torah Begins	
Simchat Torah 11 10:00 Walking Club 10:00 -12:00 Brunch 3:00 Social Room Open for Games	10:00 Walk w. a Friend 12 10:30 Exercise w. Kara 1:00 Brain Games w. Kara 3:00 History Club w. Kara 4:15 Rap w. Rabbi Shore 7:00 Comedy Movie Columbus Day (US) Thanksgiving Day (Canada)	10:00 Walk w. a Friend 13 10:30 Exercise w. Kara 1:30 Current Events w. Jancy 3:30 "Moonlight in Vermont" Social Hour w. Janis 7:00 Mystery Movie	10:00 Walk w. a Friend 14 10:30 Exercise w. Kara 1:00 Art & Humanities w. Judith Huober 3:00 Storytelling, Northeastern US Adventures w. Kara 7:00 Musical Movie	10:00 Walk w. a Friend 15 10:30 Balance w. Patricia 11:00 Library Visit-Gazebo 1:30 Brain Health w. JFS 3:00 Steve Rosenthal Cello & Song Live "Moonlight in Vermont" Performance 7:00 Documentary Film	10:00 Walk w. a Friend 16 10:30 Exercise w. Kara 1:00 Doug Negus-State Police Safety Talk 3:00 Period Music w. Jancy 4:30 Candle Lighting 4:45 Shabbat w. Jessie Kerr- Whitt	10:00 Walking Club 17 1:00 Social Room Open for Games 2:00 Rumikub 7:00 Classic Movie	
10:00 Walking Club 18 10:00 -12:00 Brunch 3:00 Dave Brubeck live 64' / 66' - Jazz Icons DVD Concert via YouTube in Social Center 7:00 Nature Movie	10:00 Walk w. a Friend 19 10:30 Exercise w. Kara 1:00 Brain Games w. Kara 3:00 Science Club w. Kara 4:15 Rap w. Rabbi Shore 7:00 Comedy Movie	10:00 Walk w. a Friend 20 10:30 Exercise w. Kara 1:30 Current Events w. Jancy 3:30 Jazz Age Social Hour w. Janis 7:00 Mystery Movie	10:00 Walk w. a Friend 21 10:30 Exercise w. Kara 1:00 Art & Humanities w. Judith Huober 3:00 Bingo w. Kara 7:00 Musical Movie	10:00 Walk w. a Friend 22 10:30 Balance w. Patricia 11:30 Food Focus w. Krissie & Dwight 1:30 Brain Health w. JFS 3:00 Trumpeter Nick Fields Live Jazz Performance 7:00 Documentary Film	10:00 Walk w. a Friend 23 10:30 Exercise w. Kara 1:00 Shop at Wegmans 3:00 Period Music w. Jancy 4:30 Candle Lighting 4:45 Shabbat w. Fran Berg	10:00 Walking Club 24 1:00 Social Room Open for Games 2:00 Rumikub 7:00 Classic Movie	
10:00 Walking Club 25 10:00 -12:00 Brunch 3:00 Tchaikovsky: The Nutcracker - Rotterdam Philharmonic Orchestra Concert via YouTube 7:00 Nature Movie	10:00 Walk w. a Friend 26 10:30 Exercise w. Kara 1:00 Brain Games w. Kara 3:00 History Club w. Kara 4:15 Rap w. Rabbi Shore 7:00 Comedy Movie	10:00 Walk w. a Friend 27 10:30 Exercise w. Kara 1:30 Current Events w. Jancy 3:30 Polka Dot Waltz Through Time Social Hour w. Janis 7:00 Mystery Movie	10:00 Walk w. a Friend 28 10:30 Exercise w. Kara 1:00 Art & Humanities w. Judith Huober 3:00 Book Club w. Kara 7:00 Musical Movie	10:00 Walk w. a Friend 29 10:30 Balance w. Patricia 1:30 Brain Health w. JFS 3:00 Accordion Fritz Sherz Live "Polka Dot Waltz Through Time" Performance 7:00 Documentary Film	10:00 Walk w. a Friend 30 10:30 Exercise w. Kara 1:00 Craft w. Kara 3:00 Period Music w. Jancy 4:30 Candle Lighting 4:45 Shabbat w. Fran Berg	10:00 Walking Club 31 1:00 Social Room Open for Games 2:00 Rumikub 7:00 The Immortal Life of Henrietta Lacks Movie Halloween	

The Oaks at Menorah Park, 18 Arbor Lane, DeWitt, New York