

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Book Club Book of the Month:

The Guernsey Literary & Potato Peel Pie Society by Mary Ann Shaffer

							10:00 Walking Club 1 2:00 New Year's Day Dinner 4:30 Candle Lighting 4:45 Shabbat w. Fran Berg <small>New Year's Day</small>	10:00 Walking Club 2 1:00 Social Room Open for Games 7:00 Series: Sherlock Series 3 Episode 2
9:00 Walking Club 3 10:00 -12:00 Brunch 1:00 Mozart-Requim Concert 3:00 Knitting Club w. Jancy 7:00 Film: Let There Be Light	10:00 Walking Club 4 11:00 Exercise w. Kara 1:00 Current Events w. Jancy 2:00 Ball Toss w. Kara 3:00 Brain Games w. Kara 4:15 Rap w. Rabbi Shore 7:00 Film: Hope Springs	10:00 Walking Club 5 11:00 Exercise w. Kara 1:00 Arts & Humanities w. Judith Huober 3:30 Social Hour w. Janis 7:00 Film: The Midnight Sky	10:00 Walking Club 6 10:30 Exercise w. Kara 11:00 Resident Meeting 1:00 Chair Yoga w. Kara 3:00 Hallway Bowling w. Kara 7:00 Film: The Prom	10:00 Walking Club 7 11:00 Balance w. Patricia 12:30 Shop at Wegmans 1:30 Brain Health w. JFS 3:00 Live Performance - Alan Somers Clarinet 7:00 Secrets of Saqqara Tomb	10:00 Walking Club 8 11:00 Exercise w. Kara 1:00 Music w. Jancy 3:00 Food Focus w. Krissy & Dwight 4:30 Candle Lighting 4:45 Shabbat w. Gwen Kay	10:00 Walking Club 9 1:00 Social Room Open for Games 7:00 Series: Sherlock Series 3 Episode 3		
9:00 Walking Club 10 10:00 -12:00 Brunch 1:00 Chopin Piano Concerto Concert 3:00 Knitting Club w. Jancy 7:00 Film: Scandal in Sorrento	10:00 Walking Club 11 11:00 Exercise w. Kara 1:00 Current Events w. Jancy 3:00 Brain Games w. Kara 4:15 Rap w. Rabbi Shore 7:00 Film: Book Club	10:00 Walking Club 12 11:00 Resistance Bands & Weights Exercise w. Kara 1:00 Arts & Humanities w. Judith Huober 3:30 January Birthday Celebration w. Janis 7:00 Film: The Theory of Everything	10:00 Walking Club 13 11:00 Exercise w. Kara 1:00 Chair Zumba w. Kara 3:00 Virtual Tour of Louvre Museum 7:00 Film: Barbra	10:00 Walking Club 14 11:00 Balance w. Patricia 12:30 Shop at Trader Joe's 1:30 Brain Health w. JFS 3:00 Live Performance Dale Randall Guitar & Song 7:00 Amelia: A Tale of Two Sisters	10:00 Walking Club 15 11:00 Exercise w. Kara 1:00 Library Visit 3:00 Music w. Jancy 4:30 Candle Lighting 4:45 Shabbat w. Fran Berg	10:00 Walking Club 16 1:00 Social Room Open for Games 7:00 Series: Sherlock Series 3 Episode 4		
9:00 Walking Club 17 10:00 -12:00 Brunch 1:00 Itzhak Perlman Beethoven Violin Concert 3:00 Knitting Club w. Jancy 7:00 Film: The Sign of Venus	10:00 Walking Club 18 11:00 Exercise w. Kara 1:00 Current Events w. Jancy 2:00 Ball Toss w. Kara 3:00 Brain Games w. Kara 4:15 Rap w. Rabbi Shore 7:00 Film: Something's Gotta Give <small>Martin Luther King Day</small>	10:00 Walking Club 19 11:00 Exercise w. Kara 1:00 Arts & Humanities w. Judith Huober 3:30 Social Hour w. Janis 7:00 Film: Suffragette	10:00 Walking Club 20 11:00 Exercise w. Kara 1:00 Chair Yoga w. Kara 2:00 Book Club w. Kara 3:00 Virtual Tour of Gothenburg Botanical Gardens 7:00 Film: Opening Night	10:00 Walking Club 21 11:00 Balance w. Patricia 12:30 Shop at Wegmans 1:30 Brain Health w. JFS 3:00 Live Performance Tom Reitano Piano 7:00 14 Minutes from Earth	10:00 Walking Club 22 11:00 Exercise w. Kara 1:00 Bingo w. Kara 2:00 Sing-a-Long w. Kara 3:00 Music w. Jancy 4:30 Candle Lighting 4:45 Shabbat w. Fran Berg	10:00 Walking Club 23 1:00 Social Room Open for Games 7:00 Series: The Crown, Season 1, Ep 1		
9:00 Walking Club 24 10:00 -12:00 Brunch 1:00 Bach Oboe Concerto 3:00 Knitting Club w. Jancy 7:00 Film: Cairo Station <small>Activity Professionals Week</small>	10:00 Walking Club 25 11:00 Exercise w. Kara 1:00 Current Events w. Jancy 3:00 Brain Games w. Kara 4:15 Rap w. Rabbi Shore 7:00 Film: Intern	10:00 Walking Club 26 11:00 Resistance Bands & Weights Exercise w. Kara 1:00 Arts & Humanities w. Judith Huober 3:30 Social Hour w. Janis 7:00 Film: The Guernsey Literary & Potato Peel Pie Society <small>Australia Day (observed)</small>	10:00 Walking Club 27 11:00 Exercise w. Kara 1:00 Zoom Call w. Author Greg Forbes (The Silhouette Man) 3:00 Virtual Tour of American Museum of Natural History Sundown Tu B'Shvat Begins 7:00 Film: Loudon Wainwright III: Surviving Twin	10:00 Walking Club 28 11:00 Balance w. Patricia 12:30 Shop at Tops 1:30 Brain Health w. JFS 3:00 Live Performance Joe Carello Sax Nightfall Tu B'Shvat Ends 7:00 Brave Blue World	10:00 Walking Club 29 11:00 Exercise w. Kara 1:00 Registered Dietician Christine Demonstrates Nutritional Choices 3:00 Music w. Jancy 4:30 Candle Lighting 4:45 Shabbat w. Fran Berg	10:00 Walking Club 30 1:00 Social Room Open for Games 7:00 Series: The Crown, Season 1, Ep 2		
9:00 Walking Club 31 10:00 -12:00 Brunch 1:00 Handel: Water Music Concert 3:00 Knitting Club w. Jancy 7:00 Film: The Blazing Sun	Happiest of Birthdays: Tony DeFrancisco-1/10 Anne Thorpe-1/14 Shirley Soergel-1/26 Diana Brownlie-1/27 Norma Goldberg-1/31		Happy Anniversary: Andy & Terry Spiegel-1/23/65		Themes of the Month: Week of 1/3-Fitness, Fruit & Fun Week of 1/10-Zumba, Zucchini & Zest for Life Week of 1/17-Yoga, Yogurt & Young at Heart Week of 1/24-Wellness, Walnuts & Weights			