

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 Walking Club 11:00 Resistance Bands & Bean Bag/ Ball & Weights 1:00 Current Events w Jancy 3:00 BRAIN Games 4:15 Rap w Rabbi Shore	2 8:30 Walking Club 10:00 Fire Safety Talk w Captain Kehoe 11:00 Chair YOGA 3:00 Social Hour w/ Janis 3:30 Jessie Kerr-Whitt 7:00 Klezmer Band	3 8:30 Walking Club 11:00 Parachute Fitness 1:05 ARTS & Humanities in Suite #105 2:30 Sing-A-Long w/ Fran Berg 3:30 Play Corn Hole	4 8:30 Coffee Club 9:30 Breakfast at Tony's 11:00 Strength & BALANCE 1:00 BRAIN Health w/ JFS 3:00 Dick Carr presents Big Bands, Ballads & Blue	5 8:30 Coffee Club 9:30 Walking Club 10:30 Shop at Wegmans 1:00 Baroque & Early Period Music w Jancy 2:00 Onondaga Library Here 4:00 Candle Lighting 4:15 Shabbat w Cantor Berg	6 10:00 Walking Club 11:00 Dominos in Social Center 1:30 Play Scrabble w Resident Carole 4:00 TRIVIA w/Alex
7 9:00 Walking Club 10:00-11:00 BRUNCH 1:30 Play Who AM I? w/ JoAnne 3:30 A & E Biography on YouTube, Jimmy Stewart	8 8:30 Walking Club 11:00 Resistance Bands & Bean Bag/Ball & Weights 11:30 BRAIN Games 1:00 Current Events w Jancy 3:00 State Trooper Doug Negus Talks about Scams 4:15 Rap w Rabbi Shore	9 8:30 Walking Club 11:00 Chair YOGA 1:00 Science Discoveries 3:00 Meet & Greet NEW Residents Social Hour w/ Janis 7:00 Klezmer Band	10 8:30 Walking Club 11:00 Parachute Fitness 12:00 NCJW, MP &MP Auxiliary Luncheon 1:05 ARTS & Humanities in Suite #105 2:30 Card Creations w Audrey 3:30 Play Corn Hole	11 8:30 Walking Club 11:00 Strength & BALANCE 1:00 BRAIN Health w/ JFS 3:00 Live Music w/ "The Power of Two" 6:30 Susie Drazen presents Theodore Roosevelt	12 8:30 Coffee Club 9:30 Walking Club 10:30 Shop at Trader Joe's 1:00 Baroque & Early Period Music w Jancy 4:00 Candle Lighting 4:15 Shabbat w Gwen Kay	13 10:00 Walking Club 11:00 Dominos in Social Center 1:30 Play Scrabble w Resident Carole 4:00 TRIVIA w Alex
14 9:00 Walking Club 10:00-11:00 Brunch 1:30 Play BINGO w/ JoAnne 3:30 A & E Biography on YouTube Loretta Young	15 8:30 Walking Club 11:00 Resistance Bands & Bean Bag/Ball & Weights 1:00 Current Events w Jancy 3:00 BRAIN Games 4:15 Rap w Rabbi Shore	16 8:30 Walking Club 11:00 Chair YOGA 1:00 What is Tik TOC w/ Mia 3:00 "LUAU" Social Hour w/ Janis 7:00 Klezmer Band	17 8:30 Walking Club 11:00 Parachute Fitness 1:05 Arts & Humanities in Suite #105 2:00 Travel to the Galapagos Islands w Irma 3:30 Play Corn Hole	18 8:30 Walking Club 11:00 Strength & BALANCE 11:30 Lunch at the LOFT 1:00 BRAIN Health w/ JFS 3:00 Accordion & Song w/ Fritz Scherz	19 8:30 Coffee Club 9:30 Walking Club 10:30 Shop at Wegmans 1:00 Baroque & Early Period Music w Jancy 4:00 Candle Lighting 4:15 Shabbat w Jessie Kerr-Whitt	20 10:00 Walking Club 11:00 Dominos in Social Center 1:30 Play Scrabble w Resident Carole 4:00 TRIVIA w Alex
21 9:00 Walking Club 10:00-11:00 BRUNCH 1:30 Reminisce the 1950's w/ JoAnne 3:30 A & E Biography on YouTube, Anthony Quinn	22 8:30 Walking Club 11:00 Resistance Bands & Bean Bag/Ball & Weights 1:00 Current Events w Jancy 3:00 BRAIN Games 4:15 Rap w Rabbi Shore	23 8:30 Walking Club 11:00 Chair YOGA 1:00 Science Discoveries 3:00 Social Hour & Games w/ Janis 7:00 Klezmer Band	24 8:30 Walking Club 11:00 Parachute Fitness 1:05 ARTS & Humanities in Suite #105 2:00 Food Focus Mtg. w Keith 3:00 Play Corn Hole	25 8:30 Walking Club 11:00 Strength & BALANCE 11:20 Joy Ride & Ice Cream 2:00 Book Club Discussion; The Book of Lost Names 3:00 Pianist Michael Pasarelli	26 8:30 Coffee Club 9:30 Walking Club 10:30 Shop at Walmart 1:00 Baroque & Early Period Music 4:00 Candle Lighting 4:15 Shabbat w Cantor Berg	27 10:00 Walking Club 11:00 Dominos in Social Center 1:30 Play Scrabble w Resident Carole 4:00 TRIVIA w Alex
28 9:00 Walking Club 10:00-11:00 BRUNCH 1:30 Play What If w/ JoAnn 3:00 A & E Biography on YouTube, Rita Hayworth 4:00 Summer Concert Series: String Duet	29 8:30 Walking Club 11:00 Resistance Band & Bean Bag/Ball & Weights 1:00 Current Events w Jancy 3:00 BRAIN Games 4:15 Rap w/ Rabbi Shore	30 8:30 Walking Club 11:00 Chair YOGA 1:00 Science Discoveries 3:00 Birthday Celebration Social w/ Janis 3:30 Pianist Dan Robbino 7:00 Klezmer Band	31 8:30 Walking Club 11:00 Parachute Fitness 1:05 Arts & Humanities n Suite #105 2:00 Talk NUTRITION W/ Dietician 3:30 Play Corn Hole	Featured Artist: Lucy Person Summer Concert Series: String Duet <h1 style="font-size: 4em; margin: 0;">August 2022</h1>		