

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Inn at Menorah Park Birthdays: Reggie Adams-13th Marion Stanislaw-18th George (Bud)Hunter-19th RCA-Resident Care Aide JFS-Jewish Family Service		10am-Inn Group (JFS)-3 1 11:30am-Exercise-3 1:45pm-Irene&Motik w/ <u>Pet Partners-2</u> 3:30pm-Thankful Tree Craft-3 6:30pm-Movie (RCA)-2&3	RCA's, Please Help with Activities 2 11:30am-Trivia-3 2pm-Manicures-2 3pm-Puzzles-3 6:30pm-Movie (RCA)-2&3	10am-Discussion Group (JFS)-3 3 11:30am-Exercise-2 2pm-Navigating Change(JFS)-3 <u>2pm-Music w/ Marc-Bistro(Nursing Home Booked but all are welcomed).</u> 6:30pm-Movie (JFS)-2&3	11am-BINGO-3 4 2pm-Exercise-3 3:15pm-Shabbot-Shul-1 6:30pm- Movie (RCA)-2&3	RCA's Please Help w/ Activities 5 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3
RCA's Please Help w/ Activities 6 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3 *Turn Clocks 1 hour before going to bed* Daylight Saving Time Ends	11:30am-Exercise-2 7 2pm-Wegman's Trip 6:30pm-Movie (RCA)-2&3	10am-Inn Group (JFS)-3 8 11:30am-Exercise-3 <u>2pm-Music w/ Dick Ford-Bistro</u> 3:20pm-BINGO-2 6:30pm-Movie (RCA)-2&3	9 11:30am-Current Event-3 2pm-Women's Club Red Hat-3 East Dining Room 3:45pm-Trivia-2 6:30pm- Movie (RCA)-2&3	10am-Discussion Group (JFS)-3 10 11:30am-Exercise-2 2pm-Veteran's Day Craft-3 6:30pm- Movie (RCA)-2&3	11am-BINGO-3 11 2pm-Exercise-3 3:15pm-Shabbot-Shul-1 6:30pm-Movie (RCA)-2&3 Veterans Day Remembrance Day (Canada)	RCA's Please Help w/ Activities 12 10:45am-Shabbot-Shul-1 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3
RCA's Please Help w/ Activities 13 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3	11:30am-Exercise-2 14 <u>2pm-Music w/ Ed Vollamer-Bistro</u> 3:20pm-BINGO-2 6:30pm-Movie (RCA)-2&3	10am-Inn Group (JFS)-3 15 11:30am-Exercise-3 1:45pm-Irene&Motik w/ <u>Pet Partners-2</u> <u>2pm-Music w/ Tom-Bistro (Nursing Home Booked but all are welcome).</u> 3:30pm -Birthday Party-Social Center 3rd Floor 6:30pm-Movie (RCA)-2&3	11:30am-History Club-3 16 2pm-Coffee W/ Adminstration-2 3:30pm-Manicures-2 6:30pm-Movie (RCA)-2&3	10am-Discussion Group (JFS)-3 17 11:30am-Exercise-2 2pm-Navigating Change(JFS)-3 **6:30pm-Music w/ Howie Bartolo-Bistro (Family Event).	11am-BINGO-3 18 2pm-Exercise-3 3:15pm-Shabbot-Shul-1 6:30pm-Movie (RCA)-2&3	RCA's Please Help w/ Activities 19 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3
RCA's Please Help w/ Activities 20 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3	11:30am-Exercise-2 21 <u>2pm-Music w/ Frank Rhodes-Bistro</u> 3:20pm-BINGO-2 6:30pm-Movie (RCA)-2&3	10am-Inn Group (JFS)-3 22 11:30am-Exercise-3 2pm-Book Club w/ Dewitt Library-3 3:30pm-Skee Ball-2 6:30pm-Movie (RCA)-2&3	23 11:30am-Current Event-3 12pm-Lunch Trip to Bistro 2pm-Resident Council-social center 2:30pm-Food Focus-social center 3:30pm-Trivia-2 6:30pm-Movie (RCA)-2&3	RCA's, Please Help w/ Activities 24 11:30am-Exercise-2 2pm-Manicures-3 3pm-puzzles-2 6:30pm-Movie-2&3 Thanksgiving Day (US)	11am-BINGO-3 25 2pm-Exercise-3 3:15pm-Shabbot-Shul-1 6:30pm-Movie (RCA)-2&3	RCA's Please Help w/ Activities 26 10:45am-Shabbot-Shul-1 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3
RCA's Please Help w/ Activities 27 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3	11:30am-Exercise-2 28 <u>2pm-Music w/ Jilissa-Bistro</u> 3:20pm-BINGO-2 6:30pm-Movie (RCA)-2&3	29 10am-Inn Group (JFS)-3 11:30am-Exercise-3 1:45pm-Irene&Motik w/ <u>Pet Partners-2</u> 3:30pm-Skee Ball-2 6:30pm-Movie	30 11:30am-History Club-3 <u>2pm-Music w/ Blair-Bistro</u> 3:30pm-Men's Club-2 6:30pm-Movie (RCA)-2&3	 <h1 style="color: orange;">November 2022</h1>		

All activities are subject to change. All activities are conducted by Katie Smith unless otherwise noted on calendar. If any questions or concerns, please call 315-446-9111 Ex: 292