

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RCA'S Help w/ Act. 1 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm- Read a book-2&3 6:30pm-Movie-2&3 <small>New Year's Day</small>	RCA's Help w/ Act. 2 11:30am-Exercises-2 2pm-Turn a movie on the TV on the 3 rd floor 4:30pm-Trivia Cards-2 6:30pm-Puzzles-2&3	10am-Inn Group (JFS) 3 11:30am-Exercise-3 2pm-Manicures-2 3:30pm-BINGO-2 6:30pm-Movie (RCA)-2&3	11:30am-History Club-3 2pm-Wegman's Trip 6:30pm-Movie (RCA)-2&3	10am-Discussion Group (JFS)-3 11:30am-Exercise-3 2pm-Navigating Change (JFS)-3 3:30pm-Popcorn&Movie-3 6:30pm-Puzzles (RCA)-2&3	11am-BINGO-3 2pm-Exercise-2 3:15pm-Shul-1 6:30pm-Movie (RCA)-2&3	RCA'S Help w/ Act. 7 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Read a Book-2&3 3pm-call a loved one-2&3 6:30pm-Movie-2&3
RCA'S Help w/ Act. 8 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3	11:30am-Exercise-2 2pm-Music w/ Ed Vollamer-Bistro 3:20pm-BINGO-2 6:30pm-Movie (RCA)-2&3	10am-Inn Group (JFS) 10 11:30am-Exercise-3 1:45pm-Irene& Motik w/ Pet Partners-2 3:30pm-Craft-2 6:30pm-Movie (RCA)-2&3	11:30am-Current Events-3 2pm-Music W/ Sydney (Tom's Daughter)-Bistro 3:30pm-Manicures-2&3 6:30pm-Movie (RCA)-2&3	10am-Discussion Group (JFS)-3 11:30am-Exercise-3 2pm-Bday Celebration-Social Center (3) 6:30pm-Movie (RCA)-2&3	11am-BINGO-3 2pm-Exercise-2 3:15pm-Shul-1 6:30pm-Movie (RCA)-2&3	RCA'S Help w/ Act. 14 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Read a Book-2&3 3pm-Call a loved one-2&3 6:30pm-Movie-2&3
RCA'S Help w/ Act. 15 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3	Renate's Bday 16 RCA's Help w/ Act. 11:30am-Exercises-2 2pm-Trivia Cards-3 3pm-Turn on Movie-3 6:30pm-Puzzles-2&3 <small>Martin Luther King Jr. Day</small>	10am-Inn Group (JFS) 17 11:30am-Exercise-3 2pm-Coffee w/ Administration-2 3:20pm-BINGO-2 6:30pm-Movie (RCA)-2&3	11:30am-History Club-3 2pm-Men's Club-social center (3) 6:30pm-Movie (RCA)-2&3	10am-Discussion Group (JFS)-3 11:30am-Exercise-3 2pm-Navigating Change (JFS)-3 3:30pm-Popcorn&Movie-3 6:30pm-Puzzles (RCA)-2&3	11am-BINGO-3 2pm-Exercise-2 3:15pm-Shul-1 6:30pm-Movie (RCA)-2&3	RCA'S Help w/ Act. 21 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Read a Book-2&3 3pm-Call a loved one-2&3 6:30pm-Movie-2&3
RCA'S Help w/ Act. 22 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3 <small>Chinese New Year (Year of the Rabbit)</small>	11:30am-Exercise-2 2pm-Music w/ Jilissa-Bistro 3:20pm-BINGO-2 6:30pm-Movie (RCA)-2&3 <small>Activity Professionals Day</small>	10am-Inn Group (JFS) 24 11:30am-Exercise-3 1:45pm-Irene&Motik w/ Pet Partners-2 3:15pm-Manicures-2 6:30pm-Movie (RCA)-2&3	11:30am-Lunch at Golden Corral Buffet 4pm-one on one's 6:30pm-Movie (RCA)-2&3	10am-Discussion Group (JFS)-3 11:30am-Exercise-3 2pm-Book Club w/ Dewitt Library-3 3:30pm-Skee Ball-2 6:30pm-Movie (RCA)-2&3 <small>Australia Day (observed)</small>	11am-BINGO-3 2pm-Exercise-2 3:15pm-Shul-1 6:30pm-Movie (RCA)-2&3	RCA'S Help w/ Act. 28 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Read a Book-2&3 3pm-Call a Loved one-2&3 6:30pm-Movie-2&3
RCA'S Help w/ Act. 29 10am-Coffee&News-2&3 11am-Chair Stretches-2&3 2pm-Puzzles-2&3 3pm-Read a Book-2&3 6:30pm-Movie-2&3	11:30am-Exercise-3 2pm-Resident Council-3 2:30pm-Food Focus-3 3:20pm-BINGO-2 6:30pm-Movie (RCA)-2&3	10am-Inn Group (JFS) 31 11:30am-Exercise-3 2pm-Women's Club-Social Center 6:30pm-Movie (RCA)-2&3				

All Activities are subject to change. All Activities are conducted by Katie Smith unless otherwise noted on the calendar. If any questions or concerns, please call 315-446-9111 EX: 292