

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>10am</b> newspaper and current events  <b>1030</b> bubbles and music on the jukebox  <b>130p</b> mail&amp; socialization  <b>2p</b> music W/ Dawn</p> <p><b>1</b></p> <p>New Year's Day</p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> cookies &amp; coco  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> household tasks  <b>3p</b> movie and snack</p> <p><b>2</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> sing along w/Fran  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> music w/Marc  <b>4p</b> 1:1 visits</p> <p><b>3</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> dancing w/ instruments  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> name that tune</p> <p><b>4</b></p> <p><b>Brain Health 11-12</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> make your own parfait  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> music w/ Ed  <b>4p</b> 1:1 visits</p> <p><b>5</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> seated exercise  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> magazine and book reading  <b>3p</b> movie and snack</p> <p><b>6</b></p>	<p><b>10am</b> newspaper and current events  <b>1030</b> music on jukebox and relaxation  <b>130p</b> mail&amp; socialization  <b>2p</b> movie of choice and snack</p> <p><b>7</b></p>
<p><b>10am</b> newspaper and current events  <b>1030</b> music on jukebox and relaxation  <b>130p</b> mail&amp; socialization  <b>2p</b> movie of choice and snack</p> <p><b>8</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> national strawberry ice cream day  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> balloon volleyball  <b>3p</b> movie and snack</p> <p><b>9</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> manicures and music on jukebox  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> music w/ Helen and Steve</p> <p><b>10</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> seated exercise  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> finish the phrase  <b>4p</b> 1:1 visits</p> <p><b>11</b></p> <p><b>Brain Health 11-12</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> pet partner visit w/ olive  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> music w/Tom</p> <p><b>12</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> bubble painting and busy boards  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> play doh creations  <b>3p</b> movie and snack</p> <p><b>13</b></p>	<p><b>10am</b> newspaper and current events  <b>1030</b> balloon toss  <b>130p</b> mail&amp; socialization  <b>2p</b> coloring</p> <p><b>14</b></p>
<p><b>10am</b> newspaper and current events  <b>1030</b> bubbles and music on the jukebox  <b>130p</b> mail&amp; socialization  <b>2p</b> coloring</p> <p><b>15</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> smores  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> household tasks  <b>3p</b> movie and snack</p> <p><b>16</b></p> <p>Martin Luther King Jr. Day</p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> manicures and music on jukebox  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> music w/Marc  <b>4p</b> 1:1 visits</p> <p><b>17</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> music w/Ted  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> balloon racing  <b>4p</b> 1:1 visits</p> <p><b>18</b></p> <p><b>Brain Health 11-12</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> national popcorn day  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> seated exercise  <b>2p</b> Dollar store shopping trip</p> <p><b>19</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> national finger food day  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> magazine and book reading  <b>3p</b> movie and snack</p> <p><b>20</b></p>	<p><b>10am</b> newspaper and current events  <b>1030</b> music on jukebox and relaxation  <b>130p</b> mail&amp; socialization  <b>2p</b> movie of choice and snack</p> <p><b>21</b></p>
<p><b>10am</b> newspaper and current events  <b>1030</b> music on jukebox and relaxation  <b>130p</b> mail&amp; socialization  <b>2p</b> movie of choice and snack</p> <p><b>22</b></p> <p>Chinese New Year (Year of the Rabbit)</p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> seated exercise  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> bean bag tic tac toe  <b>3p</b> movie and snack</p> <p><b>23</b></p> <p>Activity Professionals Day</p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> manicures and music on jukebox  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> music w/ Helen and Steve  <b>3p</b> national compliment day and cookies</p> <p><b>24</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> seated exercise  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> finish the phrase  <b>4p</b> 1:1 visits</p> <p><b>25</b></p> <p><b>Brain Health 11-12</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> music w/ Suzi  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> music w/Tom  <b>4p</b> 1:1 visits</p> <p><b>26</b></p> <p>Australia Day (observed)</p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> pet partner visit w/ olive  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> play doh creations  <b>3p</b> movie and snack</p> <p><b>27</b></p>	<p><b>10am</b> newspaper and current events  <b>1030</b> balloon toss  <b>130p</b> mail&amp; socialization  <b>2p</b> coloring</p> <p><b>28</b></p>
<p><b>10am</b> newspaper and current events  <b>1030</b> bubbles and music on the jukebox  <b>130p</b> mail&amp; socialization  <b>2p</b> coloring</p> <p><b>29</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> bubble popping and sensory items  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> household tasks  <b>3p</b> movie and snack</p> <p><b>30</b></p>	<p><b>930a</b> newspaper and current events  <b>1030a</b> manicures and music on jukebox  <b>11a</b> snack  <b>130p</b> mail&amp; socialization  <b>2p</b> national puzzle day  <b>4p</b> 1:1 visits</p> <p><b>31</b></p>	<h1>January 2023</h1> <p>Terrace calendar theme: Family ties <b>JFS runs a small preselected group (group is in bold)</b> Residents also get offered to attend activities off the floor as they occur</p>			

All activities are subject to change. Any questions or concerns please contact Heather Copeland at 315-446-9111 ext 214