


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			8:30 Coffee Club 11:30 Resident Meeting w/ CEO Russ 1:05 ARTS & Humanities in Suite #105 2:30 Poetry w/ Patricia in the Oaks Library 3:30 Play Air Hockey	8:30 Coffee Club 9:30 Breakfast at Julie's Diner 11:45 Chair Zumba 1:00 Brain Health w/JFS 3:00 Singer Jillisa Vellake Entertain	8:30 Coffee Club 10:30 Shop at Wegmans 1:00-2:00 Baroque & Early Period Music w/ Jancy 2:00 Onondaga Public Library Here w/ Book Wagon 4:00 Candle Lighting 4:15 Shabbat w/ Cantor Berg	10:00 Walking Club 11:00 Dominos in Social Center w/ Roscha 2:00 Play Scrabble w/ Resident Carole 4:00 ARTHRITIS w/ Alex
10-11 BRUNCH 1:30 Brain Teaser Games w/ Joanne 3:00 YouTube Concert / Andrea Bocelli Live	8:30 Coffee Club 11:00 Resistance Bands & Bean Bag/Ball Toss & Wts 1:00-2:00 Current Events w/ Jancy 2:00 March Calendar Chat & Snacks & Refreshments in the Atrium 3:00 Brain Games <small>Purim Begins</small>	8:30 Coffee Club 11:00 Chair YOGA 1:30 Skit Rehearsal w/ Patricia 2:30 Talk w/ Rabbi Rapoport 3:00 Social Hour	8:30 Coffee Club 11:00- 20 Minute Workout 11:30 Food Focus w/ Mtg Keith 1:05 ARTS & Humanities in Suite #105 2:15-3:15 Make Cards w/ Audrey 3:15 Corn Hole Team	8:30 Coffee Club 11:00 Shop at Target & Lunch at Bone Fish Grill 1:00 Brain Health w/JFS 3:00 Guitarist & Singer Dale Randall	8:30 Coffee Club 10:30 Shop at Price Chopper 1:00-2:00 Baroque & Early Period Music w/ Jancy 4:00 Candle Lighting 4:15 Shabbat w/ Gwen Kay	10:00 Walking Club 11:00 Dominos in Social Center w/ Roscha 2:00 Play Scrabble w/ Resident Carole 4:00 TRIVIA w/ Alex
10-11 BRUNCH 1:00 Play BINGO w/ Joanne 2:00 Pianist Tom Reitano <small>Daylight Saving Time Begins</small>	8:30 Coffee Club 11:00 Resistance Bands & Bean Bag/Ball Toss & Wts 1:00-2:00 Current Events w/ Jancy 3:00 Brain Games 7:00 MOVIE	8:30 Coffee Club 11:00 Chair YOGA 1:30 Skit Rehearsal w/ Patricia 3:00 Social Hour / Skit Performance	8:30 Coffee Club 11:00- 20 Minute Workout 11:30 Parachute Fitness 1:05 ARTS & Humanities in Suite #105 3:30 Patricia's Retirement Party	8:30 Coffee Club 9:30 Breakfast at Carl's Kountry Diner 11:45 Chair Zumba 1:00 Brain Health w/JFS 3:00 Irish tunes/ Singer & Guitarist Pam McGrath	8:30 Coffee Club 10:30 Shop at Wegmans 1:00-2:00 Baroque & Early Period Music w/ Jancy 2:30 Social Room Open for Card & Games 4:00 Candle Lighting 4:15 Shabbat w/ Jessie Kerr Whitt <small>St. Patrick's Day</small>	10:00 Walking Club 11:00 Dominos in Social Center w/ Roscha 2:00 Play Scrabble w/ Resident Carole 4:00 ARTHRITIS w/ Alex
10-11 BRUNCH 1:30 Play BINGO w/ Joanne 2:30 Social Room Open for Card & Games 3:00 YouTube Concert / Horowitz in Moscow 1986	8:30 Coffee Club 11:00 Resistance Bands & Bean Bag/Ball Toss & Wts 1:00-2:00 Current Events w/ Jancy 2:30 History & Hot Chocolate 3:15 Brain Games <small>Spring Begins</small>	8:30 Coffee Club 11:00 Chair YOGA 1:30 Play Sequence w/ Resident Julie 3:00 Social Hour 7:00 Klezmer Band	8:30 Coffee Club 11:00- 20 Minute Workout 1:05 ARTS & Humanities in Suite #105 2:00 Travel from Quebec to Charleston w/ Irma 3:15 Corn Hole Team Challenge <small>Ramadan Begins</small>	8:30 Coffee Club 11:30 Koto Japanese Steak House, Hibachi & Sushi 1:00 Brain Health w/JFS 3:00 Flute & Piano duet w/ Nick & Lana	8:30 Coffee Club 10:30 Shop at Tops 1:00-2:00 Baroque & Early Period Music w/ Jancy 2:00 Talk NUTRITION w/ Dietician Christine Hanson 4:00 Candle Lighting 4:15 Shabbat w/ Cantor Berg	10:00 Walking Club 11:00 Dominos in Social Center w/ Roscha 2:00 Play Scrabble w/ Resident Carole 4:00 TRIVIA w/ Alex
10-11 BRUNCH 1:30 Tea Talk w/ Joanne 3:00 YouTube Concert / Handel: Water "Music"	8:30 Coffee Club 11:00 Resistance Bands & Bean Bag/Ball Toss & Wts 1:00-2:00 Current Events w/ Jancy 3:00 Brain Games 7:00 MOVIE	8:30 Coffee Club 11:00 Chair YOGA 1:00 Bracelets Creations 101 w/ Glori 3:00 Birthday Celebration & Social Hour 7:00 Klezmer Band	8:30 Coffee Club 11:00- 20 Minute Workout 11:30 Parachute Fitness 1:05 ARTS & Humanities in Suite #105 2:15 Science Discovery & Popcorn 3:00 Bowling	8:30 Coffee Club 9:30 Breakfast at Ruston's Diner 11:45 Chair Zumba 1:00 Brain Health w/JFS 3:00 Sing Spring Songs & Blair Frodelius Guitar	8:30 Coffee Club 10:30 Shop at Wegmans 1:00 Baroque & Early Period Music w/ Jancy 2:30 Book Club Discussion / Becoming by: Michelle Obama 4:00 Candle Lighting 4:15 Shabbat w/ Mark & Cheryl Wolf	HAPPY BIRTHDAY Roscha Folger 3/7 Rhoda Engel 3/8