


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red; font-size: 2em; margin: 0;">SEPTEMBER 2023</h1>						
10-11 BRUNCH 3 12:00 Knitting w/ Jancy 1:30 Play BINGO w/ Joanne 3:00 Play Mahjongg w/ Resident June	8:30 Coffee Club 4 11:00 Walking Club 1:00 Current Events w/ Jancy 2:00- Compete in a game of Air Hockey- resident with more points see Glori on Tuesday for a prize 😊 <small>Labor Day</small>	8:30 Coffee Club 5 10:30 Visit the Sunshine Horses in Clay NY 11:00 Food Focus w/ Keith 1:00 Play Sequence w/ Julie 2:30 Social Hour w/ Glori	8:30 Coffee Club 6 11:00-20 Minute Workout 1:05 ARTS & Humanities in Suite #105 2:00 Cards Creations w/ Audrey 3:15 Corn Hole Team Challenge	8:30 Coffee Club 7 11:30 Lunch at JCC- Pulled BBQ Chicken on a bun, baked beans, tossed salad and pineapple 1:30 Fire Alarm Committee Meeting 3:00 Happy Hour & Pianist Mike Burns	8:30 Coffee Club 8 10:30 Shop at Nearest Tops/ 1hour 1:00 Baroque & Early Period Music w/ Jancy 4:00 Candle Lighting 4:15 Shabbat w/ Cantor Berg	10:00 Walking Club 2 11:00 Dominos in Social Center w/ Roscha 2:00 Play Scrabble w/ Resident Carole
10-11 BRUNCH 10 12:00 Knitting w/ Jancy 1:30 Brain Teaser Games w/ Joanne 3:00 Play Mahjongg w/ Resident June <small>Grandparents Day</small>	8:30 Coffee Club 11 11:00 Resistance Bands & Bean Bag/Ball Toss & Wts 1:00 Current Events w/ Jancy 2:30 Welcoming Committee Meeting	8:30 Coffee Club 12 10:00 Holy Communion Service at Menorah Park 11:00 Chair YOGA 2:00 Presentation w/ Cheryl Pula-In The Beginning: Health & Medicine 3:00 Meet New Resident-Social Hour w/ Janis	8:30 Coffee Club 13 11:00- 20 Minute Workout 1:05 ARTS & Humanities in Suite #105 2:00 Senior Research Presentation 3:00 Talk w/ Rabbi Rapaport & Shofar Blowing	8:30 Coffee Club 14 9:30 Breakfast at Firekeeper 12:30 Strength & Balance 3:00 Oneida Lake Antique Car Club in front of the Oaks / Singer & Playing oldies Pam McGrath	8:30 Coffee Club 15 10:30 Shop at Price Chopper / 1hour 1:00 Ezer Rosh Hashanah Service w/ Cantor Berg 4:00 Candle Lighting 4:15 Shabbat w/ Cantor Berg <small>Rosh Hashanah Begins</small>	10:00 Walking Club 16 11:00 Dominos in Social Center w/ Roscha 1:00 Rosh Hashanah Service w/ Cantor Berg 2:00 Play Scrabble w/ Resident Carole <small>Oktoberfest Begins</small>
10-11 BRUNCH 17 12:00 Knitting w/ Jancy 1:00 Rosh Hashanah service w/ Cantor Berg 3:00 Play Mahjongg w/ Resident June	Starting at 8:00am Memory Screening here at the Oaks 8:30 Coffee Club 18 11:00 Resistance Bands & Bean Bag/Ball Toss & Wts 1:00 Current Events w/ Jancy 3:00 Brain Games	8:30 Coffee Club 19 11:00 Chair YOGA 1:30 Sunshine Board Committee Meeting 2:30 Social hour w/ Janis 3:00 Meet Democrats here at the Oaks & Desserts	8:30 Coffee Club 20 9:30 Holy Cross Community Catholic Service 1:05 ARTS & Humanities in Suite #105 1:00-3:00 Senior Resource Fair at Syracuse Community Connections	8:30 Coffee Club 21 9:30 Breakfast at Sweet Grass Diner 1:30 Play Sequence w/ Julie 3:00 Singer & Pianist - Syd & Brad	8:30 Coffee Club 22 10:30 Shop at Wegmans / 1 hour 1:00 Baroque & Early Period Music w/ Jancy 4:00 Candle Lighting 4:15 Shabbat w/ Jessie Kerr Whitt <small>Autumn Begins</small>	10:00 Walking Club 23 11:00 Dominos in Social Center w/ Roscha 2:00 Play Scrabble w/ Resident Carole
10-11 BRUNCH 24 12:00 Knitting w/ Jancy 1:00 Kol-Nidre Service w/ Cantor Berg 3:00 Play Mahjongg w/ Resident June <small>Yom Kippur Begins</small>	8:30 Coffee Club 25 11:00 Resistance Bands & Bean Bag/Ball Toss & Wts 1:00 Yom Kippur Yizkor Service w/ Cantor Berg 3:00 Brain Games	8:30 Coffee Club 26 11:00 Chair YOGA 1:00 Resident Council Meeting 3:00 Birthday Celebration & Social Hour w/ Janis	8:30 Coffee Club 27 11:00- 20 Minute Workout 1:05 ARTS & Humanities in Suite #105 3:00 Corn Hole Team Challenge	8:30 Coffee Club 28 11:00 Trip to Beak & Skiff / LUNCH & Apple Picking 11:00 Strength & Balance 1:00 Creations w/ Glori 3:00 Happy Hour / Pianist Tom Reitano	8:30 Coffee Club 29 10:30 Shop at Walmart / 1 hour 1:00 Sukkot Service w/ Cantor Berg 4:00 Candle Lighting 4:15 Shabbat w/ Cantor Berg <small>Sukkot Begins</small>	10:00 Walking Club 30 11:00 Dominos in Social Center w/ Roscha 1:00 Sukkot Service w/ Cantor Berg 2:00 Play Scrabble w/ Resident Carole