

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY 2024

1st & 2nd floor Activity Calendar

4	5	6	7	8	9	10
10:00a Manicures & Music 1 st fl 2:30p Sunday paper review	10:30a Daily Chronicle review 1 st fl 11a Word game 2 nd fl 2p Bingo 1 st fl	10:30a Daily Chronicle review 2 nd fl 11a Manicures 2 nd fl 2p Learn about and celebrate Black History Month 2nd fl	10:30a Daily chronicle review 1 st 11a Morning Stretch & Tone 2 nd fl 2p Music w/Jim F & Happy Hour 2 nd fl	10:30a Prayer group w/Rev Suzi 1 st fl 11a Let's work on a puzzle 1 st fl 2p Heart craft 2nd fl	10:30a Daily Chronicle review 1 st fl 11a Manicures 1 st fl 11-12 Brain Health 2 nd fl 2p Bingo in Bistro 3:15p Shul service	10:45a Shul service 2:00p Enjoy a movie 2 nd fl <small>Chinese New Year (Year of the Dragon)</small>
11	12	13	14	15	16	17
10:00a Manicures & Music 2 nd fl 2:30p Sunday paper review	10:30a Daily chronicle review 1 st fl 11a Brain Game 1 st fl 2p Music w/ Howie B 2 nd fl	10:15a Catholic Service 2nd fl 10:45a Manicures 2 nd fl 2p Mardi Gras mask making 1st fl <small>Mardi Gras</small>	10:30a Daily chronicle review 1 st fl 11a Morning Stretch & Tone 2 nd fl 2p Sweet heart Party & music w/Comfort Zone in Bistro <small>Valentine's Day</small>	10:30a Daily chronicle review 2 nd fl 11a Resident Council in veranda 2p Utica Zoo Program 1st fl	10:30a Daily Chronicle review 1 st fl 11a Manicures 1 st fl 11-12 Brain Health 2 nd fl 2p Bingo in Bistro 3:15p Shul service	10:45a Shul service 2:00p Enjoy a movie 2 nd fl
18	19	20	21	22	23	24
10:00a Manicures & Music 1 st fl 2p OMA thon w/sjfs in community rm (limited spots)	10:30a Daily chronicle review 1 st fl 11a President's Day Facts 2 nd fl 2p Bingo 1 st fl <small>Presidents' Day</small>	10:30a Prayer group w/Rev Suzi 2 nd fl 11a Manicures 2 nd fl 2p Singalong w/Fran 1 st fl 3:15p February Birthday celebration 1 st fl	10:30a Daily chronicle review 1 st fl 11a Morning Stretch & Tone 2 nd fl 2p Music w/Little Jazz trio & Happy Hour 2 nd fl	10:30a Daily chronicle review 2 nd fl 11a Let's work on a puzzle 1 st fl 2p Singalong w/Fran 2 nd fl 3:15p February Birthday celebration 2 nd fl	10:30a Daily Chronicle review 1 st fl 11a Manicures 1 st fl 11-12 Brain Health 2 nd fl 2p Bingo in Bistro 3:15p Shul service	11:00a Let's work on a puzzle 2 nd fl 2:00p Enjoy a movie 1 st fl
25	26	27	28	29	All activities are subject to change due to weather, illness, etc.	
10:00a Manicures & Music 2 nd fl 2:30p Sunday paper review	10:30a Daily chronicle review 1 st fl 11a Test your knowledge trivia 2 nd fl 2p Bingo 2 nd fl	10:30a Daily chronicle review 2 nd fl 11a Manicures 2 nd fl 2p Music w/Steve & Helen 2 nd fl 3:15p Finish the phrase 1 st fl	10:30a Daily chronicle review 1 st fl 11a Morning Stretch & Tone 2 nd fl 2p Music w/Lori Ann & Happy Hour 1 st fl	10:30a Daily chronicle review 2 nd fl 11a Test your knowledge trivia 1 st fl 2:30p Documentary- "Becoming" Michelle Obama 2 nd fl	Please contact Kelsey, Activity Director at ext 214 with any questions.	

