



**July 2024**

Sunday 14	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20
<p style="text-align: center;">AD Out of Office; RCAs will assist with independent and small group activities based on resident interest and staff availability.</p>	<p><u>10:45am</u> - Use It or Lose It: Respiratory Health (3)</p> <p><u>11:15am</u> - You Be the Judge (3)</p> <p><b><u>2:00pm</u> - Rhythm Circle (3)</b> <i>Join our active music-making group focused on rhythm and fun. <u>No prior musical experience needed!</u></i></p> <p><u>3:30pm</u> - Table Talk Social (2) <i>Come get to know your neighbors through organic discussion.</i></p>	<p><u>10:00am</u> - Inn Group (3)</p> <p><u>10:15am</u> - 1:1 Visits w/ Heather (2&amp;3)</p> <p><u>11:15am</u> - Pokeno (3)</p> <p><b><u>2:30pm</u> - Red Hatters Retreat! (3)</b> <i>Join us for beauty, fashion, treats, and more!</i></p> <p><u>3:30pm</u> - Surprise Snack Cart! (2&amp;3)</p>	<p><u>10:00am</u> - Brain Teasers (2)</p> <p><u>11:15am</u> - Use It or Lose It: Upper Body (2)</p> <p><b><u>2:00pm</u> - Outing: Wegmans (Sign-Up Only)</b></p> <p><u>4:00pm</u> - Patio Visits (2) <i>Weather permitting</i></p>	<p><b><u>10:45am</u> - Bingo w/ RCAs (3)</b></p> <p><b><u>2:00pm</u> - Live Music w/ Sydney Carlson (2)</b></p> <p><u>4:00pm</u> - Happy Hour! (3)</p> <p><b><u>5:15pm</u> - Dinner Music w/ Heather (2)</b></p> <p><b><u>6:15pm</u> - Dinner Music w/ Heather (3)</b></p>	<p><u>10:00am</u> - Brain Health Discussion Group (3)</p> <p><u>10:15am</u> - 1:1 Visits w/ Heather (2&amp;3)</p> <p><u>11:15am</u> - Cornhole (3)</p> <p><b><u>2:00pm</u> - Cooking Banana Chocolate Crunch Parfaits (Community Room)</b></p> <p><u>3:15pm</u> - Shul (1)</p> <p><u>4:00pm</u> - Patio Visits (2) <i>Weather permitting</i></p>	<p style="text-align: center;">AD Out of Office; RCAs will assist with independent and small group activities based on resident interest and staff availability.</p>

**All activities are subject to change. Any necessary updates will be posted in calendar areas on 2nd & 3rd floors.**