



**July 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right; margin: 0;"><b>21</b></p> <p style="margin: 10px 0 0 0;">AD Out of Office; RCAs will assist with independent and small group activities based on resident interest and staff availability.</p>	<p style="text-align: right; margin: 0;"><b>22</b></p> <p style="margin: 10px 0 0 0;"><b>Happy Blue Monday!</b> <i>Help us celebrate by wearing your favorite blue regalia!</i></p> <p style="margin: 10px 0 0 0;"><b>10:45am - Blues Songwriting Workshop (3)</b></p> <p style="margin: 10px 0 0 0;"><b>2:00pm - Blue Marble Crafting (2)</b></p> <p style="margin: 10px 0 0 0;"><b>3:30pm - Surprise Snack Cart! (2&amp;3)</b></p> <p style="margin: 10px 0 0 0;"><u>3:45pm -</u> Patio Visits (2) <i>Weather permitting</i></p>	<p style="text-align: right; margin: 0;"><b>23</b></p> <p style="margin: 10px 0 0 0;"><u>10:00am -</u> Inn Group (3)</p> <p style="margin: 10px 0 0 0;"><u>10:15am -</u> 1:1 Visits w/ Heather (2&amp;3)</p> <p style="margin: 10px 0 0 0;"><u>11:15am -</u> Use It or Lose It: Respiratory Health (3)</p> <p style="margin: 10px 0 0 0;"><b>2:30pm - Men's Club Card Games (3)</b> <i>Join for a variety of card games and good company!</i></p> <p style="margin: 10px 0 0 0;"><b>3:30pm - Lawn Games on the Patio (2)</b> <i>Weather permitting</i></p>	<p style="text-align: right; margin: 0;"><b>24</b></p> <p style="margin: 10px 0 0 0;"><u>10:00am -</u> Self-Care Discussion Group (3)</p> <p style="margin: 10px 0 0 0;"><u>11:15am -</u> Chair Dancing (3)</p> <p style="margin: 10px 0 0 0;"><b>2:00pm - Self-Care Social (2)</b> <i>Stay tuned for more info posted soon!</i></p> <p style="margin: 10px 0 0 0;"><b>3:30pm - Music &amp; Meditation Workshop (3)</b> <i>Please join for an experiential program and learn how to use your favorite music as a self-care tool.</i></p>	<p style="text-align: right; margin: 0;"><b>25</b></p> <p style="margin: 10px 0 0 0;"><u>10:30am -</u> Movie Matinee: 711 Ocean Drive - 1950 (2) <i>A phone company repairman bites off more than he can chew when he agrees to create a system that broadcasts race track results for a crime boss.</i></p> <p style="margin: 10px 0 0 0;"><b>2:00pm- Resident &amp; Food Council (3)</b></p> <p style="margin: 10px 0 0 0;"><u>4:00pm -</u> Happy Hour! (3)</p> <p style="margin: 10px 0 0 0;"><b>5:15pm - Dinner Music w/ Heather (2)</b></p> <p style="margin: 10px 0 0 0;"><b>6:15pm - Dinner Music w/ Heather (3)</b></p>	<p style="text-align: right; margin: 0;"><b>26</b></p> <p style="margin: 10px 0 0 0;"><u>10:00am -</u> Brain Health Discussion Group (3)</p> <p style="margin: 10px 0 0 0;"><u>10:15am -</u> 1:1 Visits w/ Heather (2&amp;3)</p> <p style="margin: 10px 0 0 0;"><u>11:15am -</u> Use It or Lose It: Respiratory Health (3)</p> <p style="margin: 10px 0 0 0;"><b>2:00pm - Outing: Scenic Drive &amp; Ice Cream Shop (Sign-Up Only)</b></p> <p style="margin: 10px 0 0 0;"><u>3:15pm -</u> Shul (1)</p> <p style="margin: 10px 0 0 0;"><u>4:00pm -</u> Patio Visits (2) <i>Weather permitting</i></p>	<p style="text-align: right; margin: 0;"><b>27</b></p> <p style="margin: 10px 0 0 0;">AD Out of Office; RCAs will assist with independent and small group activities based on resident interest and staff availability.</p> <p style="margin: 10px 0 0 0;"><b>10:45am - Shul (1)</b></p>

**All activities are subject to change. Any necessary updates will be posted in calendar areas on 2nd & 3rd floors.**